

## Mayor and Densen of Island Assocs. broker 3,400 s/f lease with IM=X Pilates

September 12, 2023 - Long Island



43-53 Mineola Avenue - Roslyn Heights, NY

Roslyn Heights, NY Lawrence Densen and Christopher Mayor of Island Associates brokered a 10-year lease agreement with IM=X Pilates, for 3,400 s/f located at 43-53 Mineola Ave.

IM=X Pilates offers personal training and group reformer classes as well as Pilates home training and virtual sessions, also they train instructors and personal trainers.

The IM=X Pilates and Fitness is a national franchise business. With proven operational solutions for growing a boutique fitness business. Franchise owners receive comprehensive business training and ongoing support from experts.

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