



Mc Gowan Builders completes CCM 10,000 s/f senior care facility fit-out

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General contractor and construction manager Mc Gowan Builders, Inc. (MGB) recently completed an expansion and complete interior fit-out of the CCM senior care facility located at 1140 Seneca Ave. in the Ridgewood neighborhood. The 10,000 s/f center, operated by Comprehensive Care Management Corp., (CCM) provides day care, medical, and physical therapy services for seniors. The \$2.6 million project encompassed the addition of a new second floor, exterior and interior renovation of the pre-existing one-story manufacturing building, complete interior fit-out of the entire facility, installation of all medical and MEP systems, construction of the surface parking, and extensive site work.

Patrick Mc Gowan, MGB president and CEO, said, "Construction of the CCM medical center called for a challenging structural reinforcement of the pre-existing building, necessary to support the addition of the second floor. The MGB project team installed new footings and a new structural steel system without significantly modifying the pre-existing structure, which shortened the schedule and reduced the cost."

The project team included architect Rolf Karl, AIA, and structural engineer Raphael Bassan Consulting Engineers.

Headquartered in East Rutherford, New Jersey, with regional offices in New York City and Miami, FL, Mc Gowan Builders, Inc. is a premier full-service general contracting and construction management firm with an annual volume of projects totaling \$150 million. The company provides construction services to commercial and institutional clients, including office, retail, hospitality, healthcare, educational, cultural, transportation/airport, warehousing, and industrial organizations. The firm delivers projects in New Jersey, New York, Pennsylvania, Connecticut, Massachusetts, Rhode Island, Maryland, Virginia, Washington, D.C., Delaware, Florida, and Louisiana.

Led by company founder Patrick Mc Gowan and his partner Martin Mc Gowan, the Mc Gowan Builders team includes licensed architects, engineers, estimators, CPAs, project managers, superintendents, artisans, and laborers. In-house estimating, budgeting, scheduling, value engineering, and accounting departments support all project teams. The firm's in-house capabilities allow it to assist clients throughout all phases of even the most complex construction projects, from the initial consultation to the final close out. The firm's bonding capability exceeds \$80 million.

The Mc Gowan Builders team has delivered projects for some of the most prominent firms and organizations in the nation, including JPMorgan Chase, Columbia University, Rockefeller University, Harvard Medical School, Saks Fifth Avenue, The Tides Foundation, The Noguchi Museum, and Hudson Valley Hospital Center, among others.

The firm's current and recent projects include a \$70-million hotel redevelopment, the \$12.5-million Hebrew Institute of Riverdale, and the \$10-million interiors of the Tides Foundation in New York City; the \$12-million renovation of the Sheraton Meadowlands Hotel & Conference Center in East Rutherford, NJ; the \$11-million Leaguers Headquarters in Newark, NJ; the \$3-million Alliance Française Center in Miami, FL; the \$5-million Tribune Television studio and broadcast facilities in New Orleans, LA; and multi-state, multi-location construction programs for JPMorgan Chase Bank, Staples, Bally Total Fitness, DKNY, H&R Block, and Loehmann's.

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