



## **Silverstein Properties and Reside Health Partner to open a wellness center**

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New York, NY Reside Health, a tech-enabled service provider delivering health and wellness in the workplace, is starting a partnership with real estate management, development, and investment company Silverstein Properties to open a wellness center in the Inspire Workspace at 4 World Trade Center in Downtown Manhattan.

Reside Health is one-part primary care practice, one-part wellness center. Its team of board-certified physicians and specialists provide full-service medical care and wellness practitioners offer services including acupuncture, massage, and physical therapy. These services will be offered to Silverstein Properties' tenants in the building's amenity space as well as virtually through a seamless digital platform.

"By bringing healthcare closer to our tenants, we are enhancing their overall workplace experience through greater convenience and access to support their medical and wellness needs," said Yael Ron, head of global hospitality for Silverstein Properties. "We are excited to partner with Reside Health in our mission to provide our clients with the best services and products."

Worksite doctor's offices have been increasingly popular as an amenity for employers to attract new talent and lower healthcare spending. Nearly one-third of all large employers with more than 5,000 employees offer onsite primary care to employees, resulting in a 15 to 25 percent reduction in total healthcare costs, according to the National Association of Worksite Health Centers. As employers navigate today's new hybrid workplace, Reside Health's "Click and Mortar" model enables access to same- or next-day, in-person appointments, in addition to on-demand virtual care services with licensed clinicians."

"Better access to healthcare services has become a necessity, accelerated in part by the pandemic. Employee surveys show that healthcare is the most important benefit offered by employers," said Komal Kothari, MD, Reside Health's CEO and founder. "With access to convenient, high-quality care and embedded care navigation from Reside, Silverstein is enabling a more seamless and enjoyable healthcare experience for their tenants, who benefit from improved health outcomes. The Silverstein team's forward-thinking strategy and commitment to their tenants' well-being enables Reside to further deliver on its mission to help people live their healthiest lives."

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