



Douglaston Development holds ribbon cutting at Essen Health Care medical facility at Crossroads Plaza

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Bronx, NY Douglaston Development, Essen Health Care and New York City elected officials celebrated the ribbon cutting of a new urgent, primary and specialty medical care facility at Crossroads Plaza, a 587,000 s/f, mixed-income development located at 828 East 149th St. in the Mott Haven neighborhood.

Essen's new 18,272 s/f, ground-floor space, which is slated to be fully operational this Fall heralds the addition of a much-needed resource to Crossroads Plaza residents and the larger local community and completes Douglaston's three-phase development complex.

In addition to Essen Health Care, Crossroads Plaza, a three-phase, 587,000 s/f, mixed-use development is comprised of 425 low- to moderate-income affordable units, a 20,000 s/f pedestrian plaza, a universal pre-kindergarten, the local headquarters for the not-for-profit service and advocacy organization The New York Foundling, and an underground parking complex.

"Essen Health Care's new facility completes the last phase of the Crossroads Plaza development and we're thrilled to see this final piece of the project come to fruition," said Jed Resnick, Chief Executive Officer at Douglaston Development. "Crossroads Plaza not only provides the Bronx community with a broad range of affordable housing options, but simultaneously serves the community with early childhood education, social services, and now healthcare as well. We are proud to have commercial tenants whose missions so closely align with our own values."

"We are delighted to introduce Essen to this neighborhood in the Bronx," said Russell Lang, a senior vice president at Douglaston Development. "As a result of this soon to be opened location, the community will greatly benefit from the myriad of health care services Essen will provide as well as the creation of employment opportunities for area residents with approximately 40 new job positions created at this facility."

"We are excited to open a new facility in the Bronx at Crossroads Plaza. It is one of our largest locations to date and the largest private practice medical center in the Bronx," said Awais Munawar, Director of Facilities at Essen Health Care. "We plan to continue our mission of providing top-notch and accessible health care options to our patients at our 32nd location in the Bronx."

“Essen Health Care’s goal is to change the way healthcare is delivered in the communities we serve by delivering high-quality, accessible and cost-efficient care,” said Dr. Sumir Sahgal, Founder and Chief Medical Office at Essen Health Care. “A lot of residents in the South Bronx rely on Hospitals and the Emergency Rooms for medical care, and with the opening of our new Medical Center at 828 East 149th St., we are able to provide the community with another healthcare option, giving residents easy access to Urgent Care, Primary Care, Pediatrics and Specialty services all in one location.”

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