



## **TOTUS Business Center provides solutions geared to women entrepreneurs**

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Abbe Meehan,  
TEC Resources Center

Lauren Candela.  
T. Weiss Realty Corp.

Melville, NY Abbe Meehan, president of TEC Resources Center, among the newest tenants in the TOTUS Business Center, says her space in the collection of 64 executive suites is perfect for her business.

Meehan, who moved her five-year-old corporate executive coaching and training business into a TOTUS office during February says it's a perfect location for a woman entrepreneur—or any other business.

TEC is one of the growing number of women-owned and operated businesses that have moved into TOTUS in recent years, businesses that also include an executive search firm, a commercial real estate manager, a tile distributor and a tourism marketer.

"I chose TOTUS because I was paying for a great deal of space I was not using every day. At TOTUS, I have the same space available, but only have to pay for it when I need it," she said. "I wanted to keep the same professional image I had, and TOTUS made that easy. Whether I need administrative support, use of the beautifully appointed training room, or simply a professional office to meet with clients, TOTUS seems to have it all covered."

And she said operating from TOTUS is even better because she's a woman. "Women like to be social, but also hide away when they need to get their work done. At TOTUS, you get the best of both worlds. A lovely private office, yet plenty of spots to meet your neighbors and feel like you are part of a bigger team."

Networking within the walls of TOTUS – and in the adjacent conference center – also has been important to Lisa Marinace, owner of Precision Talent Resources, which provides accounting, finance and IT direct hire and temporary resources to organizations. Marinace, a CPA by training, said she moved into TOTUS last summer, because she didn't want to base her start-up business at home. "I wanted a professional workspace. I'm very happy with the office staff and the location is very convenient for meeting clients. I like the whole environment. I like interacting with the different businesses and the networking that goes on," she said.

Marinace, who says her business relies on her client relationships, does her own informal networking during the day at TOTUS, and that's she's has benefited by attending networking events in the building. "It's convenient for me to attend them."

"I wholeheartedly believe that any woman can start a business with the right resources and support," said Lauren Candela, vice president-marketing at T. Weiss Realty Corp., TOTUS' parent company. "It has been incredibly rewarding for our staff at TOTUS to meet Long Island-based female entrepreneurs who are starting their businesses. We are delighted to partner with many of these companies and provide them with the resources and support to help grow their business in our Melville location. That's what we're about, it's not just office space, it's our staff and our community that make our center an exciting place to do business."

"TOTUS seems to have it all covered," said Meehan. "The center and the people are really top notch and truly invested in the success of their tenants."