



Aghravi of Eastern Consolidated discusses best advice ever received

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What is the BEST advice you have ever received?

Growing up, each time I told my mom I couldn't do something, she always said: "Do not use the word 'can't' because if you want to do something bad enough you can. You can achieve whatever you want." This advice has stayed with me and has helped me in every aspect of my life. I became a doer rather than a quitter. Whenever I am confronted with a difficult situation I won't give up easily, I try to find a solution for it . It has helped me to believe that in life I am the one who creates what I want for myself and I can go after what I want.

What is your favorite tip for balanced living?

Don't take anything too seriously. Keep focused on the task and most of all, stay positive.