



Sabre Real Estate undertakes expansion program for Equinox's Blink Fitness unit

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Sabre Real Estate Group LLC hosted dozens of brokers and landlords who stopped in for a look at Long Island's first Blink Fitness location. The open house was on March 19.

Sabre is seeking locations throughout Long Island for Blink Fitness, a professionally operated, low-cost gym experience owned Equinox Fitness.

"We want to familiarize the landlord/developer community with the brand since we are on a very aggressive expansion program," said Jayson Siano, managing principal of Sabre.

Blink's site requirements include 15,000-20,000 s/f in a grocery or big-box anchored shopping center with heavy vehicular traffic, at least 125 parking spaces, high visibility and easy access. Blink's layout is flexible with the ability to go to two levels.

The Melville location occupied two floors in an office building.

Scott Sher, senior vice president of Sabre; Stu Fagen, managing director, and Russel Helbling, senior associate, are Blink's brokers. They can be reached t (516) 874-8070.

Shown (from left) are: Edward Czarniak, associate at Sabre; Russel Helbling, senior associate at Sabre; Bill Miller, vice president-real estate at Blink Fitness; Scott Sher, senior vice president of Sabre; Jayson Siano, managing principal of Sabre, and Stu Fagen, managing director of Sabre.

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