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2018 Ones to Watch: Jessica Stanton, Associate at Olshan Frome Wolosky LLP

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Name: Jessica Stanton

Title: Associate

Company: Olshan Frome Wolosky LLP

Address: 1325 Avenue of the Americas, New York, New York 10019

Year that you entered your current field? 2013

How did you get your start in your current field?

My 2L summer, I worked in the commercial real estate group of a law firm in Atlanta, Georgia. By showing a passion for real estate and the ability to be a real asset to the team, I was able to turn a summer position into a yearlong position and then into my first associate job after graduation. I'm especially thankful for being able to work and be a part of deals during my last year of law school because the practical experience I gained was invaluable in preparing me to hit the ground running post-graduation as a full-time associate.

Who or what do you attribute to your success?

I attribute my success to always being willing to push myself out of my comfort zone to do what is necessary to meet the goals that I have set for myself. I also make sure to share my goals with others so I have a support system to push me as well and hold me accountable. I know that I would not be where I am in my career today without the terrific support system that I have had since day one. Most importantly, I have a great spouse who believes in me more than I believe in myself sometimes.

How do you manage the work/life balance?

As a new mom I am still figuring this out, and am always looking for and thinking about ways to better manage the work/life balance because it is not easy. I do think that making family time a priority and finding time to truly disconnect from work to relax and recharge is key. I am a better attorney because I make sure to be home for bath time each night and I am a better mom because I can represent a client in negotiating a lease. It's also important to take advantage of vacation days when you can!