



2018 Ones to Watch: Yuriy Tupychak, Senior Design Engineer at Prime Engineering, P.C.

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Name: Yuriy Tupychak

Title: Senior Design Engineer

Company: Prime Engineering, P.C.

Address: 664 Blue Point Road, Holtsville, New York 11742

Year entered current field: 2012

Who or what do you attribute to your success?

I attribute my success to my family, my professors, and my mentors at Prime Engineering - Jaclyn Peranteau, PE and Marc Pilotta, PE. Also, I believe that my ability to work well under pressure as well as strong organizational and time management skills are my greatest attributes.

What are your professional goals for 2018?

My main goal for 2018 is to pass the civil principles and practice engineering (PE) exam and become a registered professional engineer in NYS. Other professional goals include improving my public speaking skills, better manage different aspects of my projects and learn how to delegate tasks more effectively to increase productivity.

Where do you see yourself in five years?

As a civil engineer, I see myself further developing my design skills, taking on more complex tasks, and growing professionally as I take on more responsibilities. Ultimately, I would like to undertake more managerial responsibilities and get involved in all aspects of managing a project. Five years down the road I see myself growing into a project manager where I will be able to use my experience to oversee projects as well as train and mentor others.

How do you manage the work/life balance?

I start my day by reviewing my project tasks and preparing a list of priorities for the day. This helps

me be organized, stay focused and make the most of the time I have in the office. Before I leave work, I do a brief assessment of my day and list any outstanding tasks to be completed the next day. Outside of work I focus greatly on my health by exercising, going to acupuncture and sleeping at least seven hours per night since sitting still and focusing for long periods of time can be strenuous on my physical and mental health.

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