

## 2017 Women in Building Services: Lauren Monaghan, Bohler Engineering

October 17, 2017 - Spotlights

Name: Lauren Monaghan

Title: Project Manager

Company Name: Bohler Engineering

Years in real estate: 12

What real estate associations or organizations are you a member of? American Society of Civil Engineers, USGBC

How have you navigated obstacles to achieve success in your career?

My thirst for knowledge is never satisfied and I am fortunate to have great mentors keep me focused and confident in my abilities that and help me grow with each new opportunity. They've taught me to rely on my practical experience and keen attention to detail, which I leverage in every project. In a highly competitive industry, it is imperative to trust your instinct and know that you are trained for each challenge. Success is a team effort and surrounding yourself with people to learn from is very important.

How do you play your strengths to your advantage in your career?

I became a professional engineer because I thrive on solving problems and creating the best solution to satisfy the needs of all involved parties. I see each challenge as a chance to use my critical thinking to generate ideas that will deliver excellence and save time and money. Fully understanding every project's detail allows me to address them more strategically. Efficiently collaborating with my internal team is the first step in building a strong foundation for a productive client relationship, and I am proud of my ability to implement this successfully.

What trends are you seeing so far this year?

The traditional brick-and-mortar retail industry is adapting in response to the ongoing convenience of e-commerce. The ease of digital shopping is driving "last mile distribution," as infill industrial and larger distribution facilities become increasingly critical in their economic impact. With consumers

demanding products within hours of ordering, retailers are using technology and public infrastructure to meet these needs and stay competitive. These traditional stores have to be agile and creative to contend, forming solutions like concept and pop-up shops, especially around the holidays.

What do you do for fun?

I live for adventure and enjoy being outdoors. I have been to Africa, India, the Maldives, Dubai and Europe.

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